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62. The Establishment of the Lord's Supper

The Lord's Holy Supper was established thusly:

Our Lord Jesus Christ on the night He was betrayed took bread, blessed it and broke it and gave to His disciples and said: "Take, eat: this is my body, which is broken for you: this do in remembrance of me."

Likewise He also took the cup, thanked and gave to His disciples and said: "Take and drink of this all: this cup is the new testament in my blood, which is shed on your behalf for the forgiveness of sins. This do as oft as ye drink it, in remembrance of me."